

Sarah L. Kennedy Permanent Cosmetic Make-up Post-Procedure Care Instructions

530.906.4447

PROCEDURE	SWELLING	MOISTURE	AVOID UNTIL HEALED
EYEBROWS	Generally slight with a little redness in the immediate area. About 30% darker than the final outcome.	Keep area clean with sterile water and apply moisturizer liberally to brow 4X a day for 4 days. If slight crust appears on the pigmented surface, do not force removal by picking or scratching! (You will remove pigment along with crusting). Brows are not considered healed until all crusting has exfoliated.	<ul style="list-style-type: none"> * No Scrubbing * Avoid using eyebrow pencils or powder on brows *Tinting of brows for 3 weeks *No picking or touching with fingers until healed *Excessive water: no hot /long showers
EYELINER	Moderate with a little redness in the immediate area. Following procedure, area may be puffy for the first few mornings. Ice often, especially just before bed and first thing in the morning. Sleeping somewhat propped up, may help to reduce puffiness. Avoid food high in sodium for a few days, as this may also help to keep puffiness at a minimum.	Keep area lightly moist with lubricant given. Apply morning and night, or when the area feels tight. Do not overuse or apply too thick. KEEP LUBRICANT OUT OF EYES, AS INFECTION CAN OCCUR. RINSE IMMEDIATELY WITH COOL RUNNING WATER, AND CONTACT PHYSICIAN IF NEEDED.	<ul style="list-style-type: none"> *No picking or scratching, or excessive rubbing *Avoid use of mascara until healed or harsh make-up removers *No contact lenses the day of the procedure *Do not overuse lubricant or apply too thick *Do not tint eyelashes for 3-weeks
LIP LINER & FULL LIP	Moderate. Ice 10 min. on and 10 min. off as needed.	Keep moist at all times. Lips will be very dry and peeling will occur. Keep them moist using lubricant provided until peeling has stopped. Do not force peeling. Lips have a tendency to peel up to 60% and color can hide for a 6-week period before resurfacing; this is normal. Always protect lips with a sunblock due to photosensitivity.	<ul style="list-style-type: none"> *Follow eyebrow instructions and extend for 2-weeks *Do not bleach teeth for a minimum of 3-weeks *Avoid direct sun and tanning indefinitely *Always use a good sunscreen *Keep moist

By signing, I confirm that I have received written and verbal post-procedure instructions. I understand them, and agree to call with any questions or concerns.

Client Name (Print): _____ Signed: _____ Date: ____/____/____

Technician: _____ Date: ____/____/____